

Self-Assessment Check-In: Cultivating a Culture of Growth

Instructions:

Reflect on your current practices and mindset by scoring yourself on each statement below. Use the scale:

1 = Rarely | 2 = Occasionally | 3 = Sometimes | 4 = Often | 5 = Consistently

Be honest with yourself—this activity is for your personal reflection and growth.

Growth Mindset Principles Self-Assessment

Statement	1	2	3	4	5
1. I encourage students/colleagues to take risks in their learning.					
2. I model a growth mindset by sharing my own learning experiences.					
3. I provide feedback focused on effort, strategies, and process.					
4. I create a safe environment where mistakes are seen as learning opportunities.					
5. I seek feedback from others to improve my work.					
6. I promote collaboration and shared success over individual competition.					
7. I actively work to break down silos between departments or teams.					
8. I adapt my teaching or leadership practices when faced with challenges or new ideas.					
9. I encourage diverse perspectives and respect different ways of thinking.					
10. I reflect regularly on how I can grow in my professional role.					

1. Which statements did you score yourself the highest on? What habits or actions support this strength?
2. Which statements received lower scores? Why do you think that is?
3. What's one action you can take this month to improve your lower-scoring areas?

Please take evaluate the session by completing the google form:

<https://forms.gle/PGG1KnHppJzwmjo7A>