



Syllabus

Course Number/Title: PT 103 Current Issues in Physical Therapy
Year: Fall 2012

Department: Physical Therapist Assistant

Required Text: CCC Student Handbook/
Catalog available online

Instructor: Pat Erickson

Office Hours: 8-1 MW, 9:45-1 TR
After 3:00 pm MTW,
After 1:30 pm F
or Call for appointment

Course Placement: Freshman

Email: pat.erickson@colbycc.edu

Credit Hours: 15 Classroom Hours

Days/Time: Orientation—August 20
TR 8:25-9:20 a.m. for 8 weeks

Room #: HS 804

Phone #: 460-5445

Prerequisite: Intent to pursue a PTA degree

Rationale:

The purpose of this class is to aid in the preparation of incoming freshmen for success in college and as responsible members of society. It is a required course for graduation from Colby Community College.

Course Description:

This lecture/seminar class allows students to investigate and discuss current issues and trends in the physical therapy profession. Areas of focus include equipment, legislative issues, types of practice and trends in treatment approaches and techniques. This course is equivalent to Student Success Seminar for P.T.A. freshmen. Either class fulfills the requirement for graduation.

Course Outline:

<u>Week</u>	<u>Date</u>	<u>Activity</u>	<u>Assignments</u>
1	August	20 Intro, book store, computer, speakers	
		21 Library tour (Schroer)/CLC	
		23 Self Advocacy (goal setting)	
2		28 Financial Planning	1 paper due
		30 Time Management	
3	September	4 Conflict Management	1 paper due
		6 Diversity	
4		11 Academic Success	1 paper due
		13 Critical thinking	
5		18 Health and Wellness	1 paper due
		20 Choices	
6		25 Transfer/Articulation (Nelson)	1 paper due
		27 Work ethics	
7	October	2 Review Calendar	1 paper due
		4 Communication	
		9 Problem Solving/Teamwork	

Course Learning Objectives Assessed:

At the conclusion of this course, the student will be able to:

1. Assimilate information as needed about CCC and related topics for successful college adjustment.
2. Work in a small group situation which will enable students to relate to at least two other students.
3. Communicate and network with other students and the instructor through an ongoing information exchange.
4. Establish relationship with the instructor to aid in the personal adjustment to college.
5. Understand and utilize the Fitness Lab, Health Center, and positive, healthy lifestyles that will have a positive affect on their general health.
6. Process and explore life goals, career goals, and program goals. This provides the student with in-depth information regarding careers, goal-setting and college courses.
7. Assimilate information regarding instructor and employer expectations to prepare students for success in college and in the workplace.

8. Understand information on student responsibility and disciplinary procedures both on campus and in the community.
9. Demonstrate understanding of typical situations regarding time management and personal finance.
10. Demonstrate teamwork skills through group problem solving activities.
11. Utilize and understand information concerning note taking, test taking, reading skills, study skills, and listening skills to apply to their lifelong learning experience.
12. Utilize information regarding memory and memory devices to facilitate the learning process.
13. Be actively involved in campus resources.
 - a. Library process and procedures
 - b. Student programs established at CCC
 - c. Computer systems available for student use at CCC
14. Read, document, and understand current issues and trends in the physical therapy profession pertaining to equipment, legislative issues, types of practice and trends in treatment approaches and techniques by researching current healthcare literature.
15. Identify four professional journals in the area of physical therapy and related fields.

Course Competencies:

The learning outcomes and competencies detailed in this syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Competency Project for this course.

Students will:

1. Research, critic and document findings from six individual physical therapy related articles.
2. Document understanding of fiscal commitments necessary for college.
3. Document completion of information related to personal budget preparation.
4. Evaluate and document personal time management techniques and obstacles utilized by the student.
5. Reflect on and document personal goals for the academic year.

Method of Instruction:

This class utilizes lecture, group discussion, group processing, worksheets, self assessment and writing to relay the information necessary for college success.

Method of Evaluation:

Six written summaries - 20 pts. each	120 pts.
Calendar	20 pts.
Final Worksheets	15 pts.
Attendance - 5 pts. per hour (15 hrs)	75 pts.
Goals	10 pts.
Budget	<u>10 pts.</u>
Total	250 pts.

Course Requirements:

Student Responsibilities

1. Each student will read and complete six written summaries of journal/magazine/newspaper articles. **THESE SUMMARIES MUST BE ONE SHEET IN LENGTH. NO MORE—NO LESS. YOU WILL HAVE THREE PARAGRAPHS WITHIN THE SUMMARY.** The first two paragraphs are a synopsis of the articles and the third is your personal opinion of the information presented. Handwritten papers are not acceptable. Computer settings: 12 Times New Roman font—1.25 inch margins—double-spaced. Each student must select an article topic from each of the four categories below:
 - a. Physical Therapy equipment—a specific type of equipment needed in PT
 - b. Physical Therapy legislation—current year
 - c. Physical Therapy types of practice—settings, location, styles
 - d. Physical Therapy techniques/treatment approaches—innovative/evidence based
2. Each student will attend every class unless previous arrangement has been made with the instructor. Attendance is mandatory. Absence is unexcused if a call has not been received **prior** to the start of class.

Assignment Policy:

If one cannot attend class, assignments are still due by 5:00 p.m. of the due date. Assignments handed in one day late will receive a letter grade lower than if on time. Assignments handed in two days late will receive two letter grades lower than if handed in on time. Assignments handed in three or more days late will receive a zero.

Test Policy:

There are no tests in this course.

Attendance Policy:

In order to pass, all course requirements must be satisfactorily completed by the dates assigned. Attendance is mandatory if learning is to take place. Absence will only be excused if instructor is informed in advance of class. Three or more unexcused absences constitute a failure.

Assessment:

Colby Community College assesses student learning at several levels: general education, program, and course. The goal of these assessment activities is to improve student learning. As a student in this course, you will participate in various assessment activities. An example of your work, a paper, some test questions, a presentation, or other work may be selected for assessment. This process will not affect your grade, will not require you do additional work and your evaluation will be confidentially handled. Results of these activities will be used to improve teaching and learning at Colby Community College.

Academic Integrity

Colby Community College defines academic integrity as learning that leads to the development of knowledge and/or skills without any form of cheating or plagiarism. This learning requires respect for Colby's institutional values of quality, service and integrity. All Colby Community College students, faculty, staff, and administrators are responsible for upholding academic integrity.

Cheating is giving, receiving, or using unauthorized help on individual and group academic exercises such as papers, quizzes, tests, and presentations through any delivery system in any learning environment. This includes impersonating another student, sharing content without authorization, fabricating data, and altering academic documents, including records, with or without the use of personal and college electronic devices.

Plagiarism is representing or turning in someone else's work without proper citation of the source. This includes unacknowledged paraphrase, quotation, or complete use of someone else's work in any form. It also includes citing work that is not used and taking credit for a group project without contributing to it.

The following procedure will be used for students who violate the policy:

- First Offense – Student will receive a zero for the assignment and the student will be reported to the Dean of Academic Affairs.
- Second Offense – The student will be reported to the Dean of Academic Affairs and removed from the class.
- Third Offense – The student will be reported to the Dean of Academic Affairs and dismissed from the college.

Any questions about this policy may be referred to the Dean of Academic Affairs.

Syllabus Information Disclaimer:

I reserve the right to change any information contained in this document, when necessary, with adequate notice given to the student. Notice shall be given in the classroom during class. No other notice is required. It is the students' responsibility to stay current with any changes, modifications, adjustments or amendments that are made to this document.

Accommodations for Students with Disabilities:

According to the Americans with Disabilities Act, it is the responsibility of each student with a disability to notify the college of his/her disability and to request accommodation. If a member of the class has a documented learning disability or a physical disability and needs special accommodations, he/she should contact Student Support Services, which is located in the Student Union.

Electronic Devices:

1. **Cell Phones/Texting/Palm Pilots:** Any cell phone or similar device must be turned **off** in the classroom or clinic. Please use phone number 785-460-4797 for calls to the college during the day. A message will be delivered to the classroom in the event of an emergency. Cell phones will be confiscated during class if this policy is not followed. Second violation places student in probation.
2. **Computers:** Computers may be used for note taking during class, however, if computers are used for any other purpose, i.e. internet searching, facebook, messaging, email, etc. They can be banned or confiscated during class. Second violation of policy places student on probation.
3. **Ipods/MP3 Players/Others:** Devices with music only are allowed with earphones, during exams only. Instructor can ask to hear what you are listening to so as to avoid cheating by recording. Any cheating by recording will be handled as in section XIII in the PTA Student Handbook.
4. **Recording Lectures:** Recording of lectures is allowed in all classes. Please let instructor know if you plan to record.

Equipment:

Students utilize the library resources and computers to complete this course.

Recommended computer configuration:

- Desktop or Laptop with Dual-core processor or better

- Windows XP, Vista or Mac OS X operating system
- 1024x768 resolution or higher and 128 MB video RAM or more
- Ethernet (100 Mbps) or wireless (802.11 b/g) internet connection
- CD-R/W, DVD-R/W or USB mass-storage device
- 1 gigabyte RAM (memory) or more
- 80 gigabyte or larger hard drive
- Sound card and speakers

Bibliography:

Ellis, D. (1991) *Becoming a Master Student*. Rapid City: College Survival, Inc.
Koner, C. (2004) *The Confident Student*. Boston: Houghton Mifflin Company.
Ruggiero, V. (1989) *Critical Thinking*. Rapid City: College Survival, Inc.

Recommended Resources:

The following journals, plus additional ones, are in the H. F. Davis Memorial Library:

Health
Exceptional Children
Journal of Physical Therapy
Pediatric P.T.
PT in Motion
Scientific American
Archives of Physical Medical & Rehab
Journal of Orthopedic & Sports PT

There are additional resources available in Health Science room 803.