Program Name: Health and PE

Program Outcomes Assessment Report
Nov-12

1. Identify and explain the issues of race and gender in PE.
2. Explain proper nutrition and identify proper foods.
3. Explain proper fitness and determine the best exercises and stretches for health and flexibility.
4. Identify sexually transmitted diseases and determine how to stay away from them.
5. Describe the role of money in health and PE.
6. Explain the role of environment in health and PE.
7. Describe and interpret the history of health and PE.

Program Outcome #1: Identify and explain the issues of race and gender in PE.

<table>
<thead>
<tr>
<th>Program Outcome #1</th>
<th>Year</th>
<th>Course</th>
<th>Course Title</th>
<th>CRSE</th>
<th># STDNTS</th>
<th>Target Score</th>
<th>Average Score</th>
<th>CO Goal Met</th>
<th>CO Goal Unmet</th>
<th>PO Goal Met</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>11 -12</td>
<td>PE198</td>
<td>History and Foundations of PE</td>
<td>1</td>
<td>16</td>
<td>75</td>
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<td>16</td>
<td>75</td>
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Analysis of Student Learning: Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
   Yes, I think they know the outcome.

2. How does the data support your analysis of student learning?
   I suppose it supports it because the median score is close

3. What program changes are being made to enhance student learning?
   No program changes at this time.
2. Explain proper nutrition and identify proper foods.

Analysis of Student Learning: Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
   According to the score, they are close to meeting the goal, although I suppose they could be doing a better job.

2. How does the data support your analysis of student learning?
   The average score is roughly ten lower than target.

3. What program changes are being made to enhance student learning?
   None at this time, but I will consider including another refereed article for analysis.

3. Explain proper fitness and determine the best exercises and stretches for health and flexibility.

Analysis of Student Learning: Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
   By the score, it seems they could be doing better.

2. How does the data support your analysis of student learning?
   The average is roughly ten lower than target.

3. What program changes are being made to enhance student learning?
   I may have to include more hands on instruction in this segment, such as performing the stretches and such.
4. Identify sexually transmitted diseases and determine how to stay away from them.

<table>
<thead>
<tr>
<th>Program Outcome #4</th>
<th>Year</th>
<th>Course</th>
<th>Course Title</th>
<th>CRSE</th>
<th># STDNTS ASSESSED</th>
<th>Target Score</th>
<th>Average Score</th>
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<th>CO Goal Unmet</th>
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Analysis of Student Learning: Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
The stats show the students are learning this outcome well.

2. How does the data support your analysis of student learning?
The average score is higher than target score, but not so high that it could be due to an easy test.

3. What program changes are being made to enhance student learning?
I think I am on target with this one, so none at this time.

5. Describe the role of money in health and PE.

<table>
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<tr>
<th>Program Outcome #5</th>
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<th>Course Title</th>
<th>CRSE</th>
<th># STDNTS ASSESSED</th>
<th>Target Score</th>
<th>Average Score</th>
<th>CO Goal Met</th>
<th>CO Goal Unmet</th>
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<td>PE198</td>
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<td>1</td>
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<td>75</td>
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Analysis of Student Learning: Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
The stats say that they are learning the outcome.

2. How does the data support your analysis of student learning?
The average score is close to the target.

3. What program changes are being made to enhance student learning?
None at this time, although I think I will include a breakdown of athletic department spending next semester.
6. Explain the role of environment in health and PE.

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<th>Program Outcome #6</th>
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<th>Course Title</th>
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<th>CO Goal Unmet</th>
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**Analysis of Student Learning:** Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
   - The stats say that the current format is working well, although the average score is quite high, so perhaps the test used here was too easy.

2. How does the data support your analysis of student learning?
   - The stats say that the average score was high.

3. What program changes are being made to enhance student learning?
   - I am going to include one more refereed article and perhaps some research on our own institution.

7. Describe and interpret the history of health and PE.

<table>
<thead>
<tr>
<th>Program Outcome #7</th>
<th>Year</th>
<th>Course</th>
<th>Course Title</th>
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**Analysis of Student Learning:** Analyze student learning by answering the following questions. Please be elaborative and explain your answers. Avoid one-word answers.

1. Are the students learning the outcome, i.e. are they meeting the educational goal? Explain.
   - The stats say that the students seem to be learning the information.

2. How does the data support your analysis of student learning?
   - The stats are close to the target.

3. What program changes are being made to enhance student learning?
   - I am going to include one more refereed article and perhaps some research on our own institution.